

Improved autobiographical memory with central thalamic deep brain stimulation in traumatic brain injury

Eun Young Choi,¹ Brian Levine,^{2,3} Jonathan D. Victor,^{4,5} Linda M. Gerber,⁶ Jaimie M. Henderson,¹ and Nicholas D. Schiff^{4,5}

Abstract

Memory impairment is a common, debilitating consequence of moderate-to-severe traumatic brain injury, affecting daily life functions. There are few treatment options for memory impairment, particularly for real-life autobiographical memory. Recently, in a first-in-human phase I clinical trial, we demonstrated the improvement of executive attention and arousal in five participants with moderate-to-severe traumatic brain injury using deep brain stimulation of the central thalamus, specifically the central lateral nucleus and its projecting fibers within the medial portion of the dorsal tegmental tract.¹ Here in this within-subject study, we report a concomitant improvement in autobiographical memory in all five participants.

Participants were tested on their ability to recall autobiographical memories using a cue word-based recall task, and on the specificity of memories using the Autobiographical Interview,² before the start of treatment and at sessions approximately 3, 6, 9, or 13 months thereafter. Participants also provided self-reports of autobiographical memory changes during treatment.

All five participants showed an increase in the average number of autobiographical memories recalled with treatment (range: 12-100%, average: 45.9%, $P = 0.032$). Autobiographical Interview testing of the last four participants showed an average increase with treatment in the specificity of the recalled AMs, as measured by the percent of episodic (temporally- and spatially-specific to the memory) details out of the total episodic and semantic (factual, not memory-specific) details (18.7% improvement; main effect of treatment time $F(3,9) = 5.85$, $P = 0.017$). In subjective self-reports, four of the five participants clearly endorsed autobiographical memory improvements in their daily lives, collectively in the detail and vividness of the memories, the frequency of memories recalled, and the recollection of memories from time periods of post-traumatic retrograde amnesia.

These results raise the possibility that the central thalamus modulates the autobiographical memory system, potentially via the glutamatergic connections of the targeted fibers emanating

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3 from the central lateral nucleus. The increased recall and specificity of autobiographical
4 memories following treatment suggest that central thalamic deep brain stimulation may work
5 to stabilize and refine the multi-faceted process of autobiographical memory retrieval, resulting
6 in improved memory and, in turn, more effective everyday function. These findings support
7 the possible use of central thalamic deep brain stimulation for improving autobiographical
8 memory in moderate-to-severe traumatic brain injury.
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16
17 **Author affiliations:**

18
19 1 Department of Neurosurgery, Stanford University, Stanford, CA, 94305, USA

20
21 2 Rotman Research Institute, Baycrest Academy for Research and Education, Toronto, ON,
22 M6A 2E1, Canada

23
24 3 Departments of Psychology and of Medicine (Neurology), University of Toronto, Toronto,
25 ON, M6A 2E1, Canada

26
27 4 Feil Family Brain and Mind Research Institute, Weill Cornell Medicine, New York City, NY,
28 10065, USA

29
30 5 Department of Neurology, New York Presbyterian Hospital, New York City, NY, 10065,
31 USA

32
33 6 Departments of Population Health Sciences and of Medicine, Weill Cornell Medicine, New
34 York City, NY, 10065, USA
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44
45 Correspondence to: Eun Young Choi, PhD

46
47 Department of Neurosurgery, 300 Pasteur Drive, MC5327, Stanford, CA, 94305, USA

48
49 E-mail: eychoi@stanford.edu
50
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54 **Running title:** Thalamic DBS for autobiographical memory
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Keywords: central thalamus; deep brain stimulation; autobiographical memory; traumatic brain injury; central lateral nucleus

Abbreviations:

AI = Autobiographical Interview; AM = autobiographical memory; AMPA = α -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid; BA = Brodmann Area; BOLD = bold oxygenation level-dependent; CL = central lateral; CM = centromedian; dACC = dorsal anterior cingulate cortex; DBS = deep brain stimulation; dmPFC = dorsomedial prefrontal cortex; DTTm = medial portion of the dorsal tegmental tract; GCS = Glasgow Coma Scale; GOS-E = Glasgow Outcome Scale-Extended; TBI = traumatic brain injury; MD = mediodorsal; mPFC = medial prefrontal cortex; msTBI = moderate-to-severe traumatic brain injury; MTL = medial temporal lobe; PCC = posterior cingulate cortex; Rsp = retrosplenial cortex; TMT-B = Trail Making Test-B; VPL = ventral posterior lateral

Introduction

Moderate-to-severe traumatic brain injury (msTBI; Glasgow Coma Scale [GCS] = 3-12, Glasgow Outcome Scale-Extended [GOS-E] = 5-7) results in a broad array of behavioral deficits, including poor memory, poor executive function, and fatigue.^{3,4} While most memory research in msTBI concerns memory as assessed by laboratory tasks,⁵ real-life mnemonic tasks necessary for core life functions, such as social interactions and future planning, rely on autobiographical memory (AM; memory for facts and events from one's life).⁶⁻⁹ In TBI, AMs have fewer memory-specific details, reduced temporal scope, and are associated with disruptions to such core life functions.¹⁰⁻¹² Despite the importance of AM deficits in msTBI, only a few studies have explored treatments, such as behavioral,¹³ pharmacological,¹⁴ and neurofeedback¹⁵ interventions.

The multi-faceted nature of AM retrieval is reflected in the dynamic engagement of distributed brain regions underlying mnemonic search, retrieval, monitoring, and narrative coherence.¹⁶ These regions include the medial prefrontal cortex (mPFC), posterior cingulate cortex (PCC), retrosplenial cortex (Rsp), precuneus, and the medial temporal lobe (MTL) memory system, which overlap with regions of the default mode network.^{17,18} In TBI, structural, functional, and metabolic abnormalities have been observed in these regions, including reduced brain

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3 volume,¹⁹⁻²¹ reduced neuronal glucose uptake,^{22,23} evidence for partial deafferentation and
4 functional down-regulation underlying executive dysfunction,²⁴⁻²⁶ and abnormalities in
5 functional connectivity.^{27,28}
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9 How might AM deficits arise in TBI? A prominent process that occurs following a TBI is the
10 downregulation of the central lateral (CL) nucleus of the thalamus and the broader arousal
11 regulation system.^{29,30} CL is a key node in the arousal regulation system that receives inputs
12 from the brainstem arousal centers, including the reticular nuclei,^{31,32} and is connected with
13 regions throughout the brain, including in the cerebral cortex and striatum,³³ primarily via α -
14 amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) receptor glutamatergic
15 connections.³⁴ The mesocircuit hypothesis posits that based on CL's widespread connections,
16 the diffuse axonal damage following a TBI disproportionately downregulates CL, which in turn
17 downregulates CL's targets.³⁵ Chief among CL's targets are attention-related regions in the
18 dorsomedial prefrontal cortex (dmPFC) and dorsal anterior cingulate cortex (dACC). This
19 mechanism is thought to underlie the commonly observed cognitive deficits in TBIs, despite
20 heterogeneity in the primary structural damage; as well as several demonstrations of
21 instrumental improvements in arousal and cognitive function following CL stimulation.
22 Evidence for the critical role of CL includes a macaque study in which CL stimulation rescued
23 fatigue-induced performance deficits in an attentional vigilance task³⁶ and two human studies
24 in which CL stimulation restored a minimally conscious participant to a conscious, behaving
25 state³⁷ and improved executive attention and arousal in five msTBI participants.¹
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39 While CL's attention and motor-related connections are well known, its connections pertaining
40 to memory are less recognized, but nonetheless present. Animal tract-tracing shows that CL is
41 not directly connected to any structures in the MTL memory system.^{33,38-42} However, in
42 macaques, a subset of CL's projections target cortical midline areas that are homologous to
43 regions of the human default network involved in AM.⁴³⁻⁴⁶ In macaques, demonstrated targets
44 include areas in the mPFC (Monkey Brodmann Area [BA] 24b), PCC (Monkey BA 23a), Rsp
45 (Monkey BA 30), and precuneus (Monkey BA 31, PGm, PEc, PEci^{44,47,48}; see also rodent
46 study³³) (Note: tracer studies thus far report that CL receives afferents from, but does not send
47 efferents to, the caudal inferior parietal lobule, another region of the default network^{49,50}). In
48 turn, mPFC, PCC, and Rsp are connected with the subicular complex,⁵¹⁻⁵³ entorhinal cortex,⁵⁴⁻
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57 perirhinal cortex (Monkey BA 35, 36), and parahippocampal cortex (Monkey areas TF,
TH).^{51,56-60} Thus, downregulation of CL in TBI may lead to the downregulation of mPFC, PCC,
and Rsp, which in turn downregulate MTL structures, thereby reducing functions related to

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3 AM. Indeed, rat studies have shown that DBS of CL improves object recognition memory,⁶¹
4 as well as rescues spatial memory in an amyloid beta-infused rodent model of Alzheimer
5 disease.⁶² In addition, although CL is not directly connected to the hippocampus, these studies,
6 respectively, reported gene expression changes and rescue of glutamatergic spine density in the
7 hippocampus following CL stimulation, indicating CL's ability to indirectly modulate the
8 hippocampus. However, it is yet unknown whether CL and its downstream glutamatergic
9 pathways modulate a high-order form of memory such as AM.

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12 Here, we tested the hypothesis that CL stimulation remediates AM deficits in five msTBI
13 participants. These participants underwent DBS of the central thalamus, specifically targeting
14 the central lateral nucleus of the thalamus and its projection fibers within the medial portion of
15 the dorsal tegmental tract (CL/DTTm) in a phase I clinical trial (CENTURY-S) designed to
16 test its effects on dysexecutive attention and fatigue.^{1,63} Our test battery separately assessed
17 distinct AM processes: AM generation (searching for a memory based on a cue) and AM
18 elaboration (the richness of AM given an identified memory).^{16,64} To assess the generative
19 component, we used a cue word-based AM Recall Task closely adapted from a well-validated
20 paradigm^{65,66} to test AM recall ability before and after the start of CL/DTTm DBS treatment.
21 To assess the specificity of the elaborative component, we examined the percentage of episodic
22 (spatiotemporally-specific to the memory) out of the total number of episodic and semantic
23 (factual, non-specific to the memory) details quantified using the Autobiographical Interview
24 (AI),² a well-established method for dissociating these canonical categories of AM content that
25 is sensitive to changes in AM in aging and neurodegenerative disease,⁶⁷ medial temporal lobe
26 damage,⁶⁸ and the AM network in numerous structural and functional neuroimaging studies.⁶⁹⁻
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73 Among chronic-phase TBI participants administered the AI, reduced specificity (i.e., reduced
episodic and increased semantic autobiographical details) was evident in those with severe
TBI,⁷⁴ a pattern associated with distributed volume loss in the above-described default mode
network regions. On the basis of these findings, we hypothesized that CL/DTTm DBS would
address these mnemonic changes by increasing the number and specificity of recalled AMs in
narrative AM. These measures were supplemented by self-reports of AM improvements
experienced by the participants in their daily lives.

Materials and methods

Study Design

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4 This study examined the effects of CL/DTTm DBS treatment on AM in the five participants
5 using a within-subject design. Participants were enrolled in a clinical trial examining this
6 treatment on executive attention and arousal (Schiff *et al.*¹). Participants were tested on AM
7 measures before the start of treatment and at sessions approximately 3, 6, 9, or 13 months
8 thereafter while receiving treatment during and after the clinical trial. AM Recall Task data,
9 comprised of a single measure, were analyzed using the Wilcoxon signed-rank test. AI data,
10 comprised of multiple measures, were analyzed using a repeated-measures ANOVA and
11 Page's L test.
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21 **Participants**

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23 Six participants (P1-P6) with msTBI were enrolled in the NIH Brain Initiative CENTURY-S
24 phase I clinical trial (NIH BRAIN UH3NS095554; ClinicalTrial.gov NCT02881151)
25 investigating the safety and feasibility of CL/DTTm DBS in restoring executive function¹.
26 Briefly, all participants provided informed consent according to protocols approved by
27 Stanford University's Institutional Review Board in accordance with the Declaration of
28 Helsinki. Participant inclusion and exclusion criteria included an age of 22-60 years, a history
29 of msTBI as assessed by a GCS (a measure of consciousness level after TBI) score of 3-12
30 within the first 48 hours of injury, current GOS-E (a measure of functional outcome after TBI)
31 score of 5-7, being two or more years post-injury, and failure to return to the pre-injury level
32 of vocational or educational function. Participant P2 had her DBS system removed due to safety
33 reasons and did not participate further in the trial, resulting in five participants who completed
34 the study. Table 1 shows the demographic information of the participating participants. All
35 participants demonstrated evidence of diffuse axonal injury with generalized atrophy,
36 asymmetric volume loss, and focal injuries (Supplementary Fig. 1-5). Of note, P6 demonstrated
37 marked bifrontal structural lesions, including large left hemispheric volume loss within the
38 medial frontal lobe (Supplementary Fig. 5). See Schiff *et al.*¹ for further details on eligibility
39 criteria and recruitment.
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53 Eighteen healthy adults (7M, 11F, mean age 43.3 +/- 12.1 years) were recruited as comparison
54 participants for a study of AM in depression using the AI.⁷⁵ As part of an unpublished follow-
55 up study, their memory for distinct autobiographical events was serially assessed and scored
56 using the AI, providing an independent estimate of the degree to which AM performance
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3 changes over time in healthy adults with no intervention. This study was approved by the
4 Baycrest Institutional Review Board, and all participants provided informed consent.
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19 **Surgery and CL/DTTm DBS Treatment**

20 Detailed descriptions of the clinical trial, surgery, and treatment are in Schiff *et al.*¹ Briefly,
21 participants underwent surgery consisting of two stages: (1) implantation of DBS leads
22 (Medtronic, Minneapolis, MN) into the central thalamus (Supplementary Fig. 6), targeting CL
23 and its connections with the dorsomedial frontal cortex located in the DTTm; and (2) placement
24 of an implantable neurostimulator (P1: Medtronic Activa PC+S; P3-P5: Activa PC; P6:
25 Percept) connected to the DBS leads by extension wires tunneled from the scalp down to the
26 chest. After post-operative recovery, therapeutic stimulation settings for each participant were
27 determined based on performance on a neuropsychiatric battery (which did not include a test
28 of AM) and avoidance of side effects. Once the therapeutic stimulation setting was determined
29 (Supplementary Table 1), participants underwent a 90-day treatment period in which
30 stimulation was on for 12hrs during the day and off for 12hrs at night.
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44 **Autobiographical Memory Recall Task**

45 The AM Recall Task was presented combined with a visually-guided attentional vigilance task
46 (“Vigilance-AM task”; data not reported here). There were two runs, each run consisting of six
47 blocks of eight vigilance trials that were interleaved with six blocks of three AM recall trials
48 (Fig. 1; the interleaved design was originally selected to time-efficiently administer both tasks
49 in the intraoperative setting). A vigilance trial consisted of a variable delay “vigilance” fixation
50 period (1-3 seconds, mean = 2 seconds) with a centrally located crosshair, and then a 1-second
51 saccade target presented at the top, bottom, left, or right part of the screen at 10 degrees of
52 visual field eccentricity from the center, to which the participant was required to saccade within
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3 the 1-second window. All four saccade targets were randomly presented with equal frequency
4 within one block (6 trials per target per block).
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19 An AM recall trial consisted of a 3-second fixation period with a centrally located crosshair,
20 followed by a 15-second period in which the central crosshair remained on the screen, while a
21 cue word appeared immediately above the crosshair and one of two memory time periods
22 (“distant” pre-injury and “recent” post-injury within the last 6-12 months; see Supplementary
23 Table 2 for participant-specific distant time periods) appeared immediately below the crosshair.
24 A script of the task instructions was read by the experimenter to the participants prior to testing
25 at each time point. Participants were instructed to keep their eyes fixated on the crosshair at all
26 times. Once the cue word and memory time period appeared, they were instructed to maintain
27 fixation while reading the words with their peripheral vision. This was done to minimize
28 muscle and eye movement during the simultaneously recorded EEG for P1 and P6 who were
29 tested in the clinic (data not reported here), and to maintain consistency in the task for P3, P4,
30 and P5 who were tested without EEG via video conferencing due to COVID-19 pandemic
31 restrictions on in-person testing. Participants were instructed to recall an AM that occurred
32 within the indicated time period. The AM did not have to be related to the cue word above the
33 crosshair. Once an AM was remembered, participants pressed a button to indicate successful
34 recall, after which they were instructed to relive the AM in as much detail as possible until the
35 trial ended. Participants were given the opportunity to take a 5-minute rest between the two
36 runs, although not all participants rested for the full time. After the completion of both runs,
37 participants took a post-test questionnaire that reviewed each AM trial and asked whether an
38 AM had been recalled; and if so, briefly what its content was, the participant’s alertness during
39 the memory recall, and the valence of the memory. Alertness was measured on a 5-point scale
40 consisting of 1 (“Not at all”), 2 (“Slightly”), 3 (“Moderately”), 4 (“Very”), and 5
41 (“Extremely”). Valence was measured on a 5-point scale consisting of -2 (“Strongly negative”),
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3 -1 (“Somewhat negative”), 0 (“Neutral”), +1 (“Somewhat positive”), and +2 (“Strongly
4 positive”).
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7 Five versions of the Vigilance-AM task were created for a pre-treatment start time point and 3,
8 6, 9, or 13 months after treatment start time points. Each version had a different schedule of
9 saccade targets and variable delay fixation periods, as well as novel sets of 18 cue words. Cue
10 words were culled from the Toronto Word Bank and matched for imagery, concreteness, and
11 frequency in the English language, both across the two memory time periods within a task
12 version and across the four task versions.
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30 Testing occurred prior to the start of treatment, and at 3, 6, 9, or 13 months after the start of
31 treatment. Table 2 shows each participant’s specific time points and small deviations in these
32 time points for Participants 3 and 5 due to scheduling issues, as well as two baseline time points
33 for P6. Table 2 also indicates whether CL/DTTm DBS was on or off at each testing session. In
34 general, participants who were tested in the clinic (P1 and P6) had their CL/DTTm DBS turned
35 off for testing and back on afterwards by the investigators. P3, P4, and P5 had to be tested
36 remotely due to COVID-19 safety restrictions. For these remote testing sessions, CL/DTTm
37 DBS was left on either at the participant’s request to not interrupt treatment or due to concerns
38 that the therapeutic stimulation might not be reliably turned back on by the participant after
39 testing.
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48 For in-clinic testing, tasks were presented on a computer screen using Labview. Participants
49 wore a 256-channel high density EEG cap (Electrical Geodesics, Inc.) (data not presented) and
50 observed the screen while resting their heads on a chin rest to reduce head movement. Eye
51 movements were tracked by an Eyelink 1000 eyetracker (data not presented). Millisecond
52 precise task timing was achieved using a photodiode detecting luminance changes on the
53 computer screen corresponding to different task epochs and connected to a National
54 Instruments data acquisition card. Button-press responses were made with a hand-held button
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3 responder that was also connected to the data acquisition card. Response times were measured
4 by post-test reconstruction of these events. For testing via video conferencing (Zoom
5 Communications, Inc.), tasks were run on the experimenter's laptop and presented by screen
6 share; EEG, eyetracking, and millisecond response times were not measured. However,
7 saccades during the vigilance task were observed by the experimenter and button press
8 responses during the AM Recall Task were recorded instead by key presses in the chat window.
9 All testing sessions in the clinic and over video conferencing were video and audio recorded.
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13 AM recall scores were calculated for each time point as the number of trials in which AMs
14 were successfully recalled out of a total of 36 trials. Successful AM recall was defined as the
15 recollection of a personally occurred event that occurred within a specific time and place, was
16 from the cued memory time period, was retrieved within the 15-second time window as
17 indicated by button press, and was confirmed as such in the post-test questionnaire.
18 Recollections were counted as not successful AM recalls if they did not meet these criteria, if
19 the participant provided a vague post-test description that could not confirm a successful AM
20 recall, or if the AM was a repeat of a previously recalled AM within the same testing session.
21 See Supplementary Table 3 for the number of trials with successful AM recall ("Correct"), no
22 successful AM recall ("Incorrect"), or nothing recalled ("Omit"). A significant difference
23 between the baseline and average treatment memory recall scores was assessed across
24 participants with a one-tailed Wilcoxon signed rank test (*signrank* function; Matlab R2020b,
25 The Mathworks, Inc.).⁷⁶ The effect size for the Wilcoxon signed rank test was calculated as r
26 = $\text{abs}(Z\text{-statistic}) / \text{sqrt}(\text{number of participants})$.⁷⁷ The one-tailed test was selected based on
27 prior human and rodent stimulation work^{1,37,61,62} indicating that CL/DTTm DBS would
28 improve cognitive functions, including memory. The average treatment memory recall score
29 was analyzed to at least partially average out confounds related to differing testing timepoints
30 and COVID-related alterations in testing (such as DBS on/off status) that might have affected
31 performance at certain timepoints.
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51 **Autobiographical Interview Task**

52 Beginning with P3, the AI task² was added to the study procedure. The AI task was
53 administered to P3, P4, P5, and P6 at baseline and at approximately 3, 6, and 9 months (Table
54 2), one week after completing the Vigilance-AM task. Exceptions were P3, who was tested
55 only at baseline at 6 months of treatment, and P4 who was tested only at baseline, 6 months,
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3 and 9 months of treatment. CL/DTTm DBS was on or off during testing as indicated in Table
4 2. For each time point, six AMs were selected from the preceding Vigilance-AM task,
5 comprised of three AMs from each of the distant/pre-injury and recent/post-injury time periods,
6 matched as a group by time period for alertness, valence, and importance ratings (Exception:
7 P6 was tested on four, two, and three AMs for the two baseline and 3-month time points,
8 respectively, due to insufficient AMs available from the preceding Vigilance-AM task). AMs
9 were also selected to not have been recalled in AI testing from a prior time point, not be
10 embarrassing or traumatic, and not potentially reveal personal information that the participant
11 may not want to share. The AI was administered using standardized instructions². Briefly, for
12 each AM, participants were asked to recall the memory in three stages: a free recall in which
13 the participant recalled the memory with no prompting by the experimenter, a general probe in
14 which the experimenter prompted open-endedly for more details (e.g., “Tell me more about...”,
15 “Can you remember anything else about ...”), and a specific probe in which the experimenter
16 asked specific questions seeking further details (“Where did this memory take place?”, “What
17 colors, smells, or tastes do you recall in the memory?”, “Where were you situated in the
18 room?”). Personal health information was removed from the responses, which were then
19 transcribed by a medical transcription company (TranscribeMe; www.transcribeme.com). In
20 order to avoid introducing bias, transcribed text was separated into individual memories, de-
21 identified, and scored in a random order such that the independent scorer, who had not collected
22 the data, was blind to participant identity and test session. AI scoring entails identification of
23 details (grammatical clauses) that are classified as internal (i.e., episodic, pertaining to events
24 or happenings, temporal, spatial, perceptual, or emotion/thought details specific to the event)
25 or external (i.e., semantic information, repetitions, commentary, or details about other events).
26 For simplicity, the internal and external detail categories are hereafter referred to as episodic
27 and semantic. The scorer had established high inter-rater reliability (intra-class correlation
28 coefficients > 0.90) for internal and external details on the AI scoring method. See Levine *et*
29 *al.*² for additional details of the AI task.

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51 For each participant’s AM, the total numbers of episodic or semantic details across the three
52 stages (free recall, general probe, specific probe) were counted and used to calculate the percent
53 of episodic details (out of the total episodic and semantic details). These values were averaged
54 across all AMs to obtain the average total numbers of episodic and of semantic details, which
55 were used to compute the average percent of episodic details out of the total episodic and
56 semantic details at each time point for each participant (AMs were pooled across both baseline
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timepoints for P6). For P3 and P4, who were tested at a subset of the time points, the missing data were imputed with the mean of the average total number of episodic or semantic details across timepoints and subjects; this is a conservative approach as it would tend to underestimate significance and effect size. The results obtained with this method were similar to those obtained by imputing the missing data with data only from the subject, as well as by analyzing only the timepoints with data from all four subjects. Percent change from baseline was calculated using the baseline (average baseline for P6) and average treatment values. Data were further analyzed with a repeated-measures ANOVA with Time treated as a categorical variable, Time On Treatment as a fixed-effect factor, and Participant as a random-effect factor. Normality of the data was confirmed using the Shapiro-Wilk test of the data at each timepoint, of the difference scores between timepoints, and of the pooled data across all timepoints. The per-timepoint analysis showed that 11 of 12 timepoints were normally distributed, with only the number of semantic details measure at the 3-month timepoint showing non-normality ($P = 0.005$). Most importantly, the difference score analysis, which is most theoretically relevant for repeated-measures ANOVA assumptions, showed normality for all nine difference score comparisons across all three measures. Effect sizes were determined using partial η^2 . Results of the repeated-measures ANOVA were confirmed with the non-parametric Page's L test. Significance was determined using critical L values for 4 subjects and 4 timepoints (for an increasing trend, critical L = 114 for $P < 0.01$ and 111 for $P < 0.05$; for a decreasing trend, critical L = 89 for $P < 0.05$).⁷⁸

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For the eighteen healthy participants, the AI was administered at 0, 1.5, and 2.5 months. While these time intervals differ from those in the present study, the methods of cueing and scoring were comparable to the present study, including the selection of different events at each assessment. These data therefore provide a benchmark as to how much interval change is expected in healthy adults' successive testing of AM recall without intervention. For each measure, the average scores of AMs extracted from the 1 year (range: 6-18 months) and 10 year (range: 5-15 years) time periods were averaged for each participant at each timepoint. Paired t-tests were performed on the data from the 0 and 1.5 months timepoints and from the 1.5 and 2.5 months timepoints.

Data availability

The data underlying this article are available in the article and its online supplementary material, and upon reasonable request. All analyses were conducted with MATLAB R2020b (www.mathworks.com).

Results

Autobiographical Memory Recall Task

All participants showed an increase in the average number of memories recalled with CL/DTTm DBS treatment (Fig. 2), with a significant group improvement of 45.9% (one-tailed Wilcoxon signed-rank $W = 0$, $P < 0.032$) with a large effect size ($r = 0.90$) (Table 3). Individually, there was considerable variation in baseline memory recall score (3-21, out of 36 possible total points) and improvement with CL/DTTm DBS treatment (11.8-100%). P1 and P5 had the highest baseline recall scores (21 and 17, respectively), while P3, P4, and P6 had relatively low scores (9, 8, and 3, respectively). However, baseline recall did not predict improvement with CL/DTTm DBS treatment (Fig. 2). P1 and P6, who had the highest and lowest baseline recall scores, respectively, were the highest improvers (61.9% and 100%, respectively); while P3, P4, and P5, who had intermediate baseline recall scores, were the lower improvers (18.5%, 37.5%, and 11.8% improvement, respectively). Across participants, there was no significant difference in the memory time period (pre-injury or post-injury) (Supplementary Table 4), or in the ratings for alertness during the recall or valence of the memory, for successfully recalled AMs at baseline versus with treatment (Supplementary Table 5).

Insert Figure 2 About Here

Insert Table 3 About Here

Autobiographical Interview Task

In order to understand if CL/DTTm DBS treatment affects the specificity of recalled AMs, we measured the percentage of episodic details (out of the total number of episodic and semantic details) for P3, P4, P5, and P6 at baseline and 3, 6, and 9 months of treatment (Fig. 3A; Table 4). All four participants showed an increase in specificity from baseline and across the treatment timepoints with a large overall effect size (average 18.7% improvement, main effect of time $F(3,9) = 5.85$, $P < 0.017$, partial $\eta^2 = 0.66$). Examining the underlying numbers of episodic and semantic details (Fig. 3B, C) showed that this increased specificity was driven by a large (but not quite significant) reduction of semantic details over time for P4, P5, and P6 (-33.3%, -45.1%, and -30.4%, respectively) (average 23.4% reduction, main effect of time $F(3,9) = 3.12$, $P < 0.081$, partial $\eta^2 = 0.51$). The change in the number of episodic details was mixed across the participants, increasing for P3 and P4 (54.4% and 33.9%, respectively) and decreasing for P5 and P6 (-16.0% and -21.5%, respectively). This led to a small, non-significant increase in episodic details with treatment (average 12.7% improvement, main effect of time $F(3,9) = 0.83$, $P < 0.51$, partial $\eta^2 = 0.22$). These results were confirmed with the non-parametric Page's L test: specificity significantly increases ($L = 114$, $P < 0.01$), the number of semantic details has a trend towards significantly decreasing ($L = 91$), and the number of episodic details does not significantly change ($L = 101$) with treatment. There was no change in the average vividness rating of the AMs recalled with treatment (Supplementary Table 6).

Insert Figure 3 About Here

Insert Table 4 About Here

Even though the patients retrieved different events at each time point, it is possible that repeated practice with the AI task (and not the intervention) accounted for their improved

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3 performance over serial assessments. We therefore analyzed AI data from an independent
4 cohort of healthy participants tested at 0, 1.5, and 2.5 months using methods similar to those
5 used in the msTBI cohort. These results showed an average specificity of 72.9 +/- 8.2% of
6 episodic details, with 56.6 +/- 20.7 episodic details and 22.6 +/- 11.7 semantic details, across
7 all timepoints. We found that healthy controls did not systematically improve between
8 timepoints in specificity as assessed by the percentage of episodic details (Baseline to 1.5
9 months: $P = 0.45$; 1.5 months to 2.5 months: $P = 0.34$; Fig. 4B) or in the numbers of episodic
10 and semantic details (Baseline to 1.5 months: $P = 0.10$ and 0.70 ; 1.5 months to 2.5 months: P
11 = 0.12 and 0.20 , respectively), suggesting that there are no significant practice effects when
12 AM for distinct events is serially assessed in healthy adults without intervention.
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24 **Participant Self-Reports (Box)**

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26 Participants, and their families when available, were asked for their subjective observations of
27 any changes in autobiographical memory (AM) in their daily lives over the course of central
28 lateral thalamic nucleus / medial portion of the dorsal tegmental tract (CL/DTTm) deep brain
29 stimulation (DBS) treatment. All participants and their families endorsed an improvement in
30 AM at various times during treatment; no participant reported a decrement in AM at any time.
31 P1 reported the greatest improvement, reporting that at four months of treatment, there was an
32 “explosion” in her ability to remember “highly detailed, very vivid” AMs, particularly from a
33 pre-injury period that was previously “blank.” P1’s mother stated that “she started
34 remembering all this stuff... once her mind found the way. It’s happening all the time on a
35 regular basis. It’s just becoming normal, like we’re normal with our memories. ... I think [she
36 is] remembering pretty much everything now.” P1 stated, “I remember everything about it. ...
37 It’s not like I just know a little bit... [it’s] like a picture.” At around one year of treatment, P1
38 additionally reported a 1-2 week period with intense, movie-like AM recollections. These
39 recollections included remembering her grandfather’s wake, such as the green color of the
40 carpet and the smell of incense in the air, and remembering all the faces and names of the
41 children in her first grade class.
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54 At three and five months of treatment, P3 did not endorse a strong improvement in AM.
55 However, he reported that his dreams, occurring almost every night, were more vivid and
56 frequent, and included childhood events that he had forgotten about. At ten months of
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3 treatment, P3 reported continuing to have vivid dreams almost every night and added that his
4 recalled AMs were more vivid, as well.
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7 At three months of treatment, P4 reported, “I believe [AMs have] improved a bit ... [there is]
8 a bit more variety of memories from back then I'm recalling...” However, he still could not
9 remember well the order in which autobiographical events had happened within a constrained
10 time period (e.g., Thanksgiving season).
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14 At two months of treatment, P5 reported that he had recalled a few AMs from the six months
15 prior to his injury, which was a period of post-traumatic amnesia. At five months of treatment,
16 P5 reported that his AMs were “brighter” and more visually detailed, and that he could more
17 thoroughly assess the AM (“look at it from different angles”), but not necessarily recall more
18 AMs than prior to treatment. At seven months of treatment, P5 reported having some dreams,
19 which was more frequent than prior to the treatment when dreams were “few and far between
20 and can't [be remembered] one hour after being awake.”
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24 P6 did not strongly endorse an improvement in AMs with treatment. However, at three months
25 of treatment, his mother reported an instance of his recalling where he was living and with
26 whom during college, which had surprised her as something he could not have done prior to
27 the treatment.
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34 35 36 **Discussion** 37

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39 In the present study, we report that CL/DTTm DBS led to the improvement of AM in all five
40 participants who completed the CENTURY-S trial, in addition to the increase in executive
41 attention¹ and decrease in fatigue⁶³ reported earlier. There was evidence for CL/DTTm-DBS-
42 related improvement in both generative (search and retrieval) and elaborative (quantity of
43 specific details) elements of AM retrieval. The AM Recall Task showed an overall 45.9%
44 increase in retrieved memories in response to non-specific cues. The AI task showed that the
45 participants had an average 18.7% increase in specificity with CL/DTTm DBS treatment,
46 potentially by reducing non-specific, semantic detail. These results suggest that CL/DTTm
47 DBS treatment induces greater fluency, focus, and richness of AMs, which are known to be
48 affected in msTBI (as well as other conditions) and with downstream effects on everyday
49 function. Qualitatively, participants and their families reported AM improvements to varying
50 degrees in the fluency of recall, vividness and detail, and accessibility of AMs from periods of
51 post-traumatic retrograde amnesia (Box 1). Remarkably, P1 reported a return to pre-injury
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3 levels of AM functioning after 3 months of treatment, as well as several weeks of highly vivid,
4 multi-sensory AM recollections at home during a period of post-trial adjustment of stimulation
5 settings, which resolved when the stimulation voltage was lowered (Box 1). These self-reports
6 are consistent with qualitative improvements broadly in memory reported by all participants
7 and their families in a structured, prospective narrative study accompanying the phase I
8 trial.^{63,79}
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14 Studies from the literature provide context to the present results (Fig. 4) using similar versions
15 of the AM Recall Task and AI to those used here. For the AM Recall Task, healthy participants
16 performed at the highest range (~40-84 +/- ~10-14%)^{65,66,80-87}, followed by participants with
17 depression-associated conditions and bipolar disorder (~30-50 +/- ~10-16%)⁸¹⁻⁸⁸; as seen in
18 the figure, our participants are at the lowest range (~10-60% range). Interestingly, two studies
19 by Young et al. examined the effects of potential interventions on recall (specifically, the
20 effects of modulating cortisol levels with various cortisol receptor antagonists¹⁴ and of
21 neurofeedback-based real-time fMRI modulation of amygdala activity¹⁵); the manipulations
22 modulated recall by ~7-17 percentage points, which is on the same scale as the improvement
23 in our participants (~5-36 percentage points) with CL/DTTm DBS. For the AI, healthy controls
24 and mild-to-moderate TBI participants performed similarly at ~70 +/- 10%.^{74,75} Our
25 participants started in the lower range of 44-60% episodic details, consistent with their having
26 cognitive disabilities in the moderate-to-severe TBI range, and had treatment-related
27 improvements ranging ~60-70%. Altogether, our participants initially performed overall worse
28 than healthy and depression-associated populations, and improved either to levels similar to
29 those of healthy participants or by amounts that are similar to or greater than those observed
30 by other interventions.
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44 Given that different events were selected at each time point, there is no reason to expect that
45 memory performance would improve without intervention. Accordingly, no significant
46 practice effects were observed on the AM Recall Task in 19 MDD participants who were tested
47 twice at an interval of 5-7 days,¹⁵ as well as on the AI of 18 healthy participants tested at
48 intervals of 1 and 1.5 months (Fig. 4). This lack of practice effects suggests that the
49 improvements we observed are likely due to CL/DTTm DBS, and that the degree of
50 improvement eclipsed the expected variability due to the differing contents of the AMs tested
51 at different time points.
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3 We do not believe that the AM improvements are merely due to improved verbal or language
4 function. This is because the participants show an increase in the percent of episodic details,
5 which corrects for overall verbal output, due to an underlying decrease in semantic details,
6 rather than an increase in both semantic and episodic details, as would be the case if the
7 treatment were simply improving verbal or language function. In addition, no participants had
8 any expressive language impairments at any timepoint in the trial, nor did any endorse verbal
9 or language deficits.
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16 There are several anatomical pathways through which CL/DTTm DBS effects on AM could
17 occur. As CL does not directly connect to the hippocampus and adjacent medial temporal
18 areas,^{33,38-42} the CL/DTTm DBS enhancement of AM recall likely occurs via CL's connections
19 with cortical regions that process AM, including mPFC, PCC, Rsp, and precuneus of the default
20 network. Indeed, CL stimulation in rats was associated with improvements in unrewarded
21 object recognition and spatial memory, and induced changes in gene expression and synaptic
22 density in the hippocampus, indicating the ability of CL stimulation to create long-term
23 changes to this central node of the memory system, despite the lack of direct connections.^{61,62}
24 Consistent with this, CL stimulation in rats lead to an increase in functional MRI blood
25 oxygenation level-dependent (BOLD) activity in the hippocampus and enhanced CL-
26 hippocampal functional connectivity as measured by resting-state functional connectivity MRI;
27 these effects were also seen for regions of direct connectivity, such as the anterior cingulate
28 cortex, somatomotor cortex, and Rsp.⁸⁹ However, we note that Liu *et al.*⁹⁰ did not find
29 hippocampal changes in BOLD activity following optogenetic stimulation of CL in rats,
30 although they also observed BOLD activity changes in the anterior cingulate, somatomotor
31 cortex, and Rsp; this difference from the Li *et al.*⁸⁹ study could be due to differences in the
32 anesthesia used or the extent of stimulation from the differing stimulation methods.
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46 The AM tasks used in this study entail complex cognitive operations requiring integrated
47 activity across distributed brain regions, including the mPFC (initiation, arousal, and self-
48 related processes), posteromedial regions (multimodal perceptual-mnemonic integration), and
49 distributed cortical regions involved in the reconstruction of the sensory aspects of mnemonic
50 experiences.¹⁶ One of the consequences of CL downregulation following TBI may be
51 disruptions to the synchrony in neural activity necessary amongst these regions for successful
52 AM retrieval.⁹¹⁻⁹³ Consequently, CL/DTTm DBS may concurrently drive these regions,
53 promoting synchrony amongst these regions and, in turn, driving hippocampal processing and
54 the distributed brain-wide synchrony needed for successful AM retrieval.^{68,94} Accordingly, the
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3 present treatment effects showed an increase in the episodic details of AM, which are mediated
4 by hippocampal-neocortical connectivity,^{91,93} whereas semantic details reflecting generic or
5 off-task content did not increase with treatment. Indeed, the significant decline in these
6 semantic details reflects an increased fidelity of recall in response to the task instructions to
7 recall a specific event. It is the episodic elements of AM that are most strongly connected to
8 the representation of the self across time,⁹⁵ which in turn is crucial for self-regulation in
9 everyday situations.^{64,96}

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12 It is notable that AMs are predominantly visual⁹⁷ and that CL has several established roles in
13 visual processing (see reviews^{98,99}). While we did not observe any changes with treatment in
14 the vividness ratings of the AI (Supplementary Table 6), several participants self-reported
15 changes in the vividness of AMs and dreams in their daily lives (Box 1). CL neurons code eye
16 movement information¹⁰⁰ and have monosynaptic projections to visual cortex.¹⁰¹ Modulation
17 of CL has been demonstrated to alter both the contrast sensitivity of V1 neurons (when
18 electrically stimulated¹⁰²) and orientation tuning when lesioned¹⁰³ or electrically stimulated at
19 low frequencies.^{99,104} Finally, as noted above, CL projects to the precuneus,⁴⁸ which is involved
20 in visuo-spatial imagery and attention¹⁰⁵ and is a modulatory node of AM recall.⁹³ We also note
21 that alongside P3's report of enhanced vividness in AMs and dreams, functional improvement
22 in P3's vision emerged with continued treatment after the trial. Prior to the trial, P3 had a large
23 left posterior lesion within the primary visual cortex (Supplementary Fig. 2), along with
24 hemianopia and visual disability requiring a white cane for walking. Within 18 months of
25 CL/DTTm DBS treatment, P3 stopped his use of the walking cane and reported improvements
26 on the Goldmann visual field test in comparison to his pre-surgical baseline score. Taken
27 together, these observations suggest CL/DTTm DBS may enhance visual processing via one
28 or more of these mechanisms, leading to improvements in visual aspects of AM. Further study
29 is needed to specifically examine this hypothesis.

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32 The individual improvements in AM seen with CL/DTTm DBS did not closely parallel the
33 individual improvements in executive function (primary outcome measure: Trail Making Test-
34 B [TMT-B]) in Schiff *et al.*,¹ consistent with a prior report of no significant correlation between
35 TMT-B and AM.⁷⁴ This variability likely reflects individual differences in the complex
36 underlying connectivity and heterogeneity in TBI-related damage. It also suggests that even
37 though executive attention is a component of AM retrieval, there is some degree of
38 independence between the neural processing underlying AM and executive attention, at least
39 as measured here. Despite this individual variability, we nonetheless found statistically
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3 significant group-level AM improvements. A fuller understanding of individual response
4 variability and its implications will require a larger sample size.
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8 The therapeutic potential of the present findings is considerable. Currently, although AM
9 deficits are a major complaint in msTBI and reduce core life functions,¹⁰⁻¹² there are no
10 established effective treatments for AM deficits in msTBI. The majority of prior studies on the
11 memory effects of DBS have targeted the medial temporal lobe and associated memory
12 circuitry or the cholinergic system via the nucleus basalis of Meynert using laboratory-based
13 episodic memory, such as verbal memory of word lists (see ¹⁰⁶ for review), in Alzheimer
14 Disease and epilepsy. To our knowledge, the present study is the first to quantify improvements
15 in AM with DBS, here in msTBI via the CL-mediated glutamatergic system. Interestingly, P1's
16 spontaneous at-home episodes of multi-sensory, movie-like re-experiencing of AMs (Box 1)
17 is similar to reports from a fornix DBS study of 42 Alzheimer Disease participants, where 20
18 participants reported spontaneous vivid AM recollections.^{107,108} Of these 20 participants, 6 had
19 multi-sensory recollections involving imagery, smells, and ambient temperature experiences,
20 similar to P1's experiences. Our finding that stimulating the arousal system at the CL node
21 leads to improvements in AM, as well as arousal and attention-related functions,¹ indicates that
22 CL/DTTm DBS improves a wide array of cognitive deficits experienced in msTBI. This may
23 differentiate CL/DTTm DBS as a memory treatment from DBS approaches that directly target
24 the memory system.
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37 These data have implications for trial design, specifically the importance of testing at longer
38 timepoints, potentially up to a year. For example, had we stopped data collection after three
39 months of treatment, we would not have observed the improvements in AM at later timepoints,
40 and may have concluded that there was no improvement in AM with treatment. In addition,
41 there is evidence that CL/DTTm DBS treatment effects accumulate over the long-term.^{37,109,110}
42 Thus, we suggest that trial designs could benefit from extending over a longer time period to
43 fully capture treatment benefits.
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50 While the present findings provide striking evidence that CL/DTTm DBS improves AM, we
51 note the following caveats. There are only five participants and a number of factors underlying
52 individual variability amongst these participants, including the nature and degree of injury,
53 duration of retrograde amnesia, demographic and premorbid factors such as age, education,
54 and pre-injury cognitive abilities, and day-to-day fluctuations in function due to varying
55 fatigue, mood, and environmental stressors. In addition, due to COVID-related restrictions on
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3 being able to turn DBS on and off in the participants who were tested remotely, we can only
4 speculate as to the acute effect of DBS on and off versus chronic effects. Given the known
5 phenomenon of transient symptom improvement due to implant-related microlesion effects in
6 DBS for disorders such as essential tremor and Parkinson's disease, it is worth considering
7 whether these effects could play a similar role in this study. However, microlesion effects
8 generally persist for only a few days after electrode implantation,¹¹¹ whereas AM
9 improvements in this study occurred many months after implantation – well outside the
10 window of potential transient postoperative symptom improvement. Altogether, these factors
11 necessitate caution when making generalizations from these findings. Further study is needed
12 to understand the impact of these factors with a larger sample size, healthy control data at the
13 same timepoints, and a measure of clinical significance corresponding to improvements in the
14 AM Recall Task and AI (e.g., using a Reliable Change Index).

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16 We note that there was no confirmation of the veracity of the recall, which could lead to an
17 apparently successful recall of a memory when in fact the memory was recalled in a faulty
18 manner. We followed Addis *et al.*'s standard protocol of ascertaining twice whether they
19 recalled an AM - the first report is the button press during each trial after a successful AM
20 recall and the second report is the post-hoc questionnaire asking for details of what they
21 recalled in order to verify that an AM meeting our criteria was recalled.⁶⁶

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23 We also note that DBS delivers a relatively large volume of stimulation, and that structures,
24 other than those explicitly targeted, may be affected. Here, the CL/DTTm axons projecting
25 forward to frontal lobe structures were targeted, as noted in Schiff *et al.*¹: the primary, executive
26 attention-related effects of CL/DTTm stimulation likely depend on activation of large,
27 myelinated axons within CL/DTTm, perhaps with additional contribution from axons from the
28 adjacent paralamina portion of the MD nucleus, which has similar characteristics to CL.³⁴ In
29 contrast to paralamina MD, the medial magnocellular portion of MD is implicated in episodic
30 memory,³⁴ and bilateral lesions to this structure produces a profound paramnesia ('thalamic
31 chronotaxis') that alters the memory of time and personal identity.¹¹² Nonetheless, we
32 propose that the present findings are less likely to be due to driving magnocellular MD due to
33 its distance from CL/DTTm. In addition, our modeling of the DBS activation of each
34 participant's connectivity indicated that CL/DTTm DBS maximized activation of CL/DTTm
35 fibers and minimized activation of the adjacent fibers from MD (including both magnocellular
36 and paralamina MD), CM, and VPL nuclei in P1, P3, P4, and P6 participants, and avoided
37 MD fiber activation entirely in P5.¹ Nonetheless, we cannot eliminate the possibility that the
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3 observed AM improvements were due to the stimulation of MD and its memory-related
4 connections.
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7 Finally, based on CL's neuroanatomical connections to cortical default network regions, we
8 have focused on the effects of CL/DTTm DBS on AM, in addition to executive attention in our
9 prior work.¹ However, CL/DTTm DBS may improve cognition more generally, including
10 improvements to episodic memory more broadly. Given limited testing time, we prioritized
11 autobiographical memory over traditional episodic memory tests due to its greater ecological
12 validity and potential clinical significance. We also reasoned that CL/DTTm DBS would be
13 better suited for improving autobiographical memory, which requires activity across these
14 distributed areas, as opposed to the more limited areas involved in traditional episodic memory
15 tasks.¹⁶ However, future study is needed to understand the full extent of CL/DTTm DBS on
16 episodic memory and cognition more broadly.
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28 **Conclusion**

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30 CL/DTTm DBS treatment improved the recall and specificity of AMs in five msTBI
31 participants, causally demonstrating a new mechanism of interaction between the arousal and
32 AM systems that likely involves long-range cortico-cortical systems modulated by
33 thalamocortical glutamatergic neurotransmission. CL/DTTm DBS may be a promising new
34 treatment for improving both AM and executive attention deficits in msTBI. Future work is
35 needed with additional participants to understand the factors mediating these responses and the
36 potential effect of CL/DTTm DBS on cognition more broadly.
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Competing interests

JMH and NDS are co-founders and shareholders of a company under development (Re-EmergeDBS) to develop central thalamic DBS to treat msTBI. EYC, JMH, and NDS are co-inventors on a patent held jointly by Stanford University, Cornell University, and the University of Utah for the use of CL/DTTm DBS to treat msTBI. NDS is an inventor on additional patents held by Cornell University for the use of CL/DTTm DBS to treat msTBI.

Supplementary material

Supplementary material is available at *Brain Communications* online.

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For Review Only

Figure legends

Figure 1 Autobiographical memory recall task structure. The task consisted of two runs of AM recall blocks interleaved with Vigilance (V) blocks (not reported here).

Figure 2 Autobiographical memory recall performance with CL/DTTm DBS treatment. AM recall scores, out of 36 possible total points on the AM Recall Task, are plotted for each participant (P) at various timepoints of treatment. P6's baseline score is an average of two baseline scores of 3 and 4. There was a group improvement of 45.9% (one-tailed Wilcoxon signed-rank $W = 0$, $P < 0.032$) with an effect size of $r = 0.90$. Connecting lines are added to aid in the observation of trends and dashed to indicate that the measures are not continuous.

Figure 3 Autobiographical Interview performance with CL/DTTm DBS treatment. Plots show patient scores at varying treatment timepoints for (A) specificity (percent of episodic details out of the total number of episodic and semantic details), (B) the total number of episodic details, and (C) the total number of semantic details are shown at each time point. Connecting lines are added to aid in the observation of trends and dashed to indicate that the measures are not continuous. Following treatment, the specificity increased (average 18.7% improvement, ANOVA: main effect of time $F(3,9) = 5.85$, $P < 0.017$, partial $\eta^2 = 0.66$), driven largely by a reduction in the number of semantic details (average 23.4% reduction, ANOVA: main effect of time $F(3,9) = 3.12$, $P < 0.081$, partial $\eta^2 = 0.51$), indicating more focused and specific recall of AMs. There was no significant change in the number of episodic details with treatment (average 12.7% improvement, ANOVA: main effect of time $F(3,9) = 0.83$, $P < 0.51$, partial $\eta^2 = 0.22$). Note: imputed values at missing timepoints for P3 and P4 (see Table 4) used in the statistical tests are not plotted here. P = Participant.

Figure 4 Comparison of AM recall and specificity improvements with CL/DTTm DBS to the literature. Baseline and average treatment performances on the (A) AM Recall Task (recall: percent of all trials with successful recall) and (B) AI (specificity: the percent of episodic details out of the total episodic and semantic details) are compared with group average performances in the literature of patients and healthy controls and under various interventions. AM recall tasks from the literature had the same general structure as the present task, differing in relatively minor ways, such as the number of total trials and the valence of the cue words. The AI also differed in minor ways, such as the number of examined memories. For the healthy control dataset related to Söderlund et al.,⁷⁵ only data from the 1 year and 10 year time periods were used in order to match the time periods of the present study. Dashed lines indicate repeat

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3 testing in the same cohort. Data from the literature show the group average and standard
4 deviation of individual scores. HC = healthy controls. MC = mineralocorticoid. GC =
5 glucocorticoid. MDD = major depressive disorder. rtfMRI = real-time fMRI neurofeedback.
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7 msTBI = moderate-to-severe TBI. CL/DTTm DBS = central lateral/medial dorsal tegmental
8 tract deep brain stimulation. P = Participant. *No standard deviation reported. †Each data point
9 in this cluster is from a separate study by Young et al.⁸¹⁻⁸⁸ ‡Baseline data were previously
10 published in Söderlund et al.⁷⁵
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Participant Self-Reports (Box)

Participants, and their families when available, were asked for their subjective observations of any changes in autobiographical memory (AM) in their daily lives over the course of central lateral thalamic nucleus / medial portion of the dorsal tegmental tract (CL/DTTm) deep brain stimulation (DBS) treatment. All participants and their families endorsed an improvement in AM at various times during treatment; no participant reported a decrement in AM at any time. P1 reported the greatest improvement, reporting that at four months of treatment, there was an “explosion” in her ability to remember “highly detailed, very vivid” AMs, particularly from a pre-injury period that was previously “blank.” P1’s mother stated that “she started remembering all this stuff... once her mind found the way. It’s happening all the time on a regular basis. It’s just becoming normal, like we’re normal with our memories. ... I think [she is] remembering pretty much everything now.” P1 stated, “I remember everything about it. ... It’s not like I just know a little bit... [it’s] like a picture.” At around one year of treatment, P1 additionally reported a 1-2 week period with intense, movie-like AM recollections. These recollections included remembering her grandfather’s wake, such as the green color of the carpet and the smell of incense in the air, and remembering all the faces and names of the children in her first grade class.

At three and five months of treatment, P3 did not endorse a strong improvement in AM. However, he reported that his dreams, occurring almost every night, were more vivid and frequent, and included childhood events that he had forgotten about. At ten months of treatment, P3 reported continuing to have vivid dreams almost every night and added that his recalled AMs were more vivid, as well.

At three months of treatment, P4 reported, “I believe [AMs have] improved a bit ... [there is] a bit more variety of memories from back then I'm recalling...” However, he still could not remember well the order in which autobiographical events had happened within a constrained time period (e.g., Thanksgiving season).

At two months of treatment, P5 reported that he had recalled a few AMs from the six months prior to his injury, which was a period of post-traumatic amnesia. At five months of treatment, P5 reported that his AMs were “brighter” and more visually detailed, and that he could more thoroughly assess the AM (“look at it from different angles”), but not necessarily recall more AMs than prior to treatment. At seven months of treatment, P5 reported having some dreams,

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3 which was more frequent than prior to the treatment when dreams were “few and far between
4 and can’t [be remembered] one hour after being awake.”
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7 P6 did not strongly endorse an improvement in AMs with treatment. However, at three months
8 of treatment, his mother reported an instance of his recalling where he was living and with
9 whom during college, which had surprised her as something he could not have done prior to
10 the treatment.
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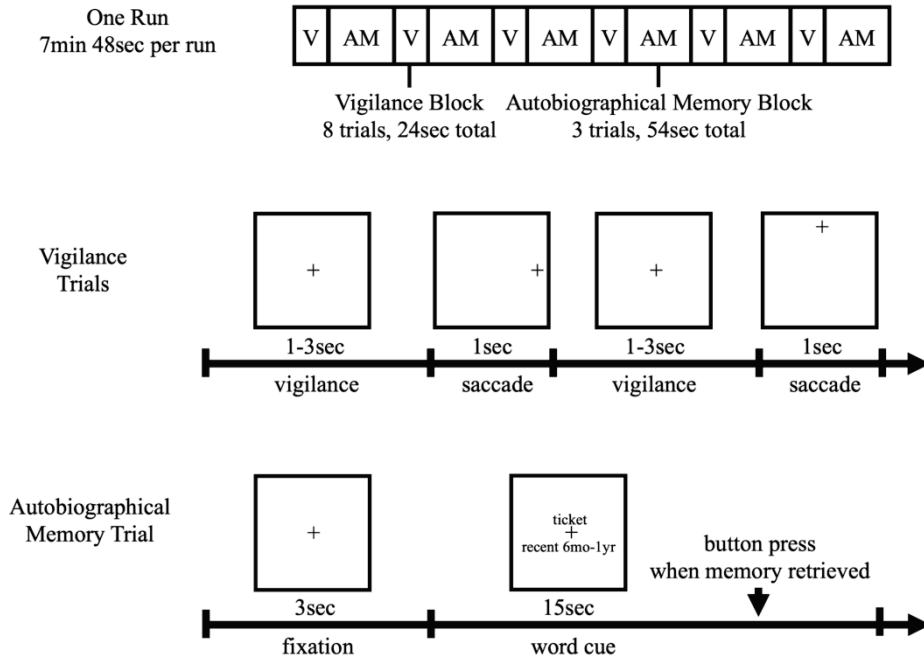


Figure 1 Autobiographical memory recall task structure. The task consisted of two runs of AM recall blocks interleaved with Vigilance (V) blocks (not reported here).

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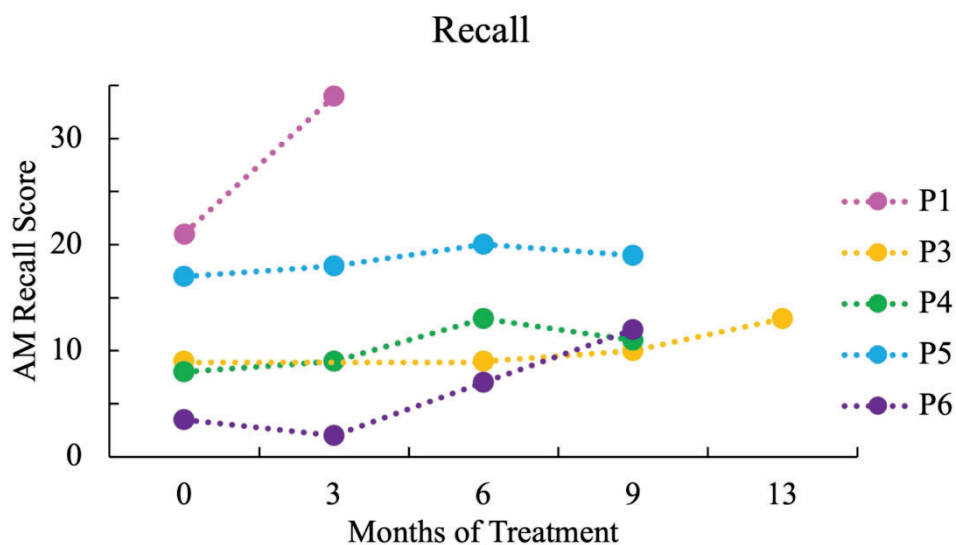


Figure 2 Autobiographical memory recall performance with CL/DTTm DBS treatment. AM recall scores, out of 36 possible total points on the AM Recall Task, are plotted for each participant (P) at various timepoints of treatment. P6's baseline score is an average of two baseline scores of 3 and 4. There was a group improvement of 45.9% (one-tailed Wilcoxon signed-rank $W = 0$, $P < 0.032$) with an effect size of $r = 0.90$. Connecting lines are added to aid in the observation of trends and dashed to indicate that the measures are not continuous.

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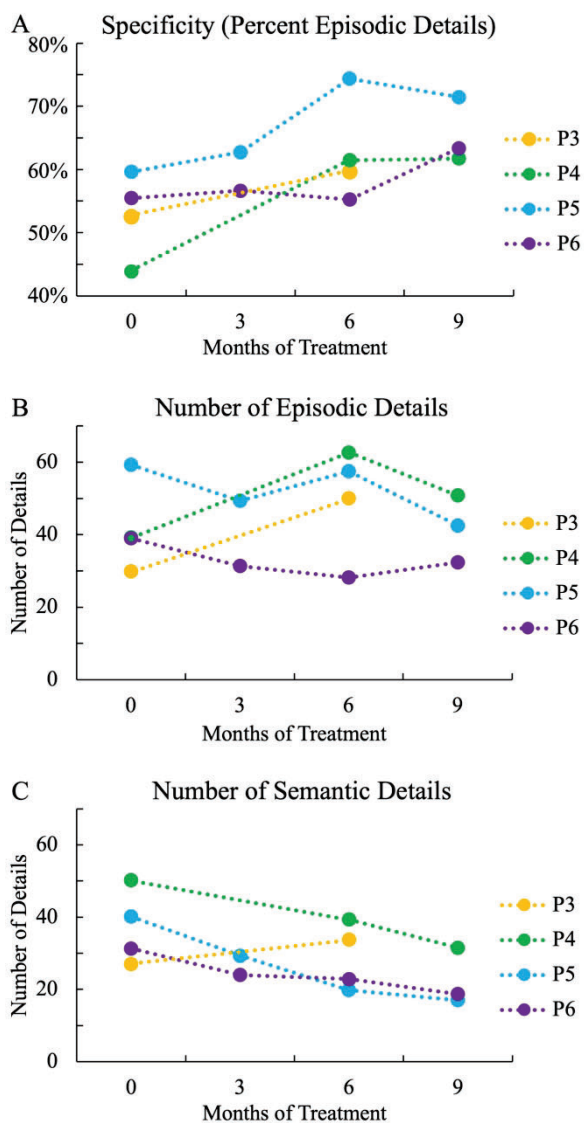


Figure 3 Autobiographical Interview performance with CL/DTTm DBS treatment. Plots show patient scores at varying treatment timepoints for (A) specificity (percent of episodic details out of the total number of episodic and semantic details), (B) the total number of episodic details, and (C) the total number of semantic details are shown at each time point. Connecting lines are added to aid in the observation of trends and dashed to indicate that the measures are not continuous. Following treatment, the specificity increased (average 18.7% improvement, ANOVA: main effect of time $F(3,9) = 5.85$, $P < 0.017$, partial $\eta^2 = 0.66$), driven largely by a reduction in the number of semantic details (average 23.4% reduction, ANOVA: main effect of time $F(3,9) = 3.12$, $P < 0.081$, partial $\eta^2 = 0.51$), indicating more focused and specific recall of AMs. There was no significant change in the number of episodic details with treatment (average 12.7% improvement, ANOVA: main effect of time $F(3,9) = 0.83$, $P < 0.51$, partial $\eta^2 = 0.22$). Note: imputed values at missing timepoints for P3 and P4 (see Table 4) used in the statistical tests are not plotted here. P = Participant.

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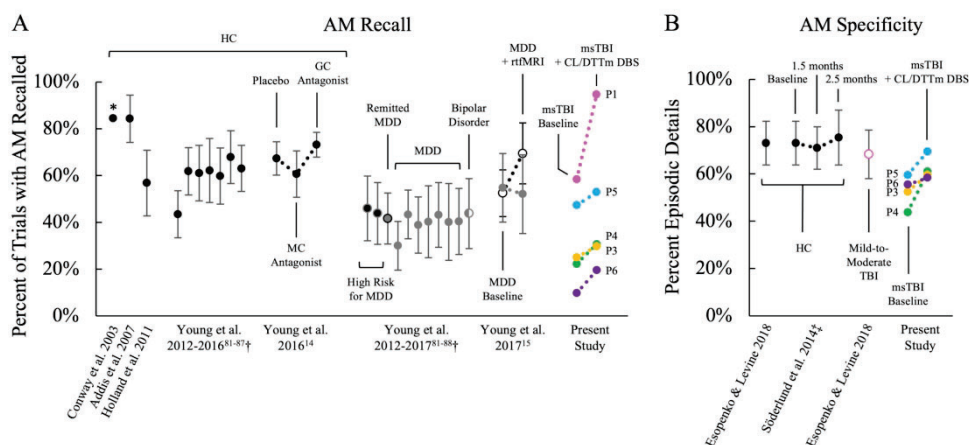


Figure 4 Comparison of AM recall and specificity improvements with CL/DTTm DBS to the literature. Baseline and average treatment performances on the (A) AM Recall Task (recall: percent of all trials with successful recall) and (B) AI (specificity: the percent of episodic details out of the total episodic and semantic details) are compared with group average performances in the literature of patients and healthy controls and under various interventions. AM recall tasks from the literature had the same general structure as the present task, differing in relatively minor ways, such as the number of total trials and the valence of the cue words.

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Table 1 Demographic information

Participant	Sex	Age (years)	Education (Years)	Time Since Injury (Years)	Pre-surgical GOS-E Score
P1	F	39	16	20	5
P3	M	60	13	3	5
P4	M	22	13	5	5
P5	M	30	14	10.5	6
P6	M	28	14	9	6

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Table 2 Testing timepoints

Participant	Baseline 1	Baseline 2	3 Months Treatment	6 Months Treatment	9 Months Treatment	13 Months Treatment
P1						
Timepoint Exceptions						
DBS on/off during testing	OFF		OFF			
AM Recall Task	X		X			
AI Task						
P3						
Timepoint Exceptions				5 months*	8 months*	
DBS on/off during testing	OFF			ON	ON	ON
AM Recall Task	X			X	X	X
AI Task	X			X		X
P4						
Timepoint Exceptions						
DBS on/off during testing	OFF		ON	ON	OFF	
AM Recall Task	X		X	X	X	
AI Task	X			X	X	
P5						
Timepoint Exceptions				7 months*	10 months*	
DBS on/off during testing		OFF	ON	ON	ON	
AM Recall Task		X	X	X	X	
AI Task		X	X	X	X	
P6						
Timepoint Exceptions						
DBS on/off during testing	OFF	OFF	OFF	ON	OFF	
AM Recall Task	X	X	X	X	X	
AI Task	X	X	X	X	X	

*Small deviations in the 6-month and 9-month time points for P3 and P5.

Table 3 Autobiographical Memory Recall performance with CL/DTTm DBS treatment

Participant	Baseline	3 Months Treatment	6 Months Treatment	9 Months Treatment	13 Months Treatment	Average Treatment Score	Average Treatment – Baseline Score	Average Percent Improvement	Average Improvement Effect Size (r)
P1	21	34				34	13	61.9	
P3	9		9	10	13	10.7	1.7	18.5	
P4	8	9	13	11		11	3	37.5	
P5	17	18	20	19		19	2	11.8	
P6	3.5*	2	7	12		7	3.5	100.0	
Average							4.6	45.9	0.90

W = 0, *P* < 0.032

AM Recall scores are out of 36 total points. *P* value was determined using the one-tailed Wilcoxon signed rank test of baseline and average treatment scores.

*Average score of two baseline timepoints.

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Table 4 Autobiographical Interview performance with CL/DTTm DBS treatment

Participant	Baseline	3 Months Treatment	6 Months Treatment	9 Months Treatment	Average Treatment	Average Treatment – Baseline	Average Percent Improvement	F-statistic P-value	Average Improvement Effect Size (Partial η^2)
Number of Episodic Details									
P3	29.8	44†	50.0	44†	46.0	16.2	54.4		
P4	39.2	44†	62.7	50.8	52.5	13.3	33.9		
P5	59.3	49.3	57.5	42.5	49.8	-9.5	-16.0		
P6	39.0*	31.3	28.2	32.3	30.6	-8.4	-21.5		
Average						2.9	12.7	$F(3,9) = 0.83$ $P < 0.51$	0.22
Number of Semantic Details									
P3	27.0	29.6†	33.8	29.6†	31.0	4.0	14.8		
P4	50.2	29.6†	39.3	31.5	33.5	-16.7	-33.3		
P5	40.1	29.3	19.8	17.0	22.0	-18.1	-45.1		
P6	31.3*	24.0	22.8	18.7	21.8	-9.5	-30.4		
Average						-10.1	-23.4	$F(3,9) = 3.12$ $P < 0.081$	0.51
Percent Episodic Details (Specificity)									
P3	52.5	59.8†	59.6	59.8†	59.7	7.2	13.8		
P4	43.8	59.8†	61.4	61.7	61.0	17.1	39.0		
P5	59.6	62.7	74.4	71.4	69.5	9.9	16.6		
P6	55.5*	56.6	55.2	63.4	58.4	3.0	5.3		
Average						9.3	18.7	$F(3,9) = 5.85$ $P < 0.017$	0.66

F and P values were determined using the repeated measures ANOVA.

*Average score of two baseline timepoints.

†The mean value of episodic or semantic details across all participants and all timepoints was used for imputing the data at this missing time point.